



Erasmus+



KA2 - Cooperation for Innovation and the Exchange of Good Practices

Strategic Partnerships for Schools only

“Be a Buddy not a Bully”

“FERNANDO DE LOS RÍOS”: A SCHOOL WHERE EVERYONE BELONGS

We are taking part of an Erasmus+ Project in our school entitled “Be a Buddy Not a Bully”, to prevent bullying at our school and create a friendly atmosphere, where everyone belongs.

In order to reach this goal, there are a numbers of activities that are being carried out this year to increase awareness of human relationships based on understanding and acceptance.

One of the most outstanding output evolved from a short stories and illustration contest that was held at our school and where all students took part.

The objectives of the contest were:

1. To develop a friendly atmosphere in which to encourage students to speak up, expressing their own experiences and/or reflecting on negative behaviours that cannot be part of a bully-free school.
2. To foster empathy by showing that everyone has a place at our school and we can all help stop violent behaviour.
3. To provide opportunities for bullies to think about their actions, taking responsibilities for hurting others and thus, strengthening conscience.
4. To develop a climate in which bystanders discourage bullying and befriend targets.
5. To help targets to build friendships and stop feelings of self-blame by seeing themselves more positively.

BENEFICIARIES:

- All students
- All teachers
- The local community

PROJECT ACTIVITIES:

- What do you know about bullying sessions with form teachers and expert.
- Art Sessions to create illustrations about bullying situations.
- Literature Sessions to create short stories about bullying situations.
- Assemblies to discuss the output in art and literature.
- School contest.
- Display of illustrations and short stories.
- Award Ceremony.
- Discussing sessions to find possible solutions to those bullying situations on display.
- Instructing teachers and students to become mediators.