



“Be a Buddy not a Bully”

A Questionnaire for Students about Bullying



Age: _____
Genre: *Male / Female*
Country: _____

GROUP A

Psychological bullying - when the other person calls you names, frightens, threatens, humiliates, makes you give him/her your money, makes fun of you, throws, deprives or damages your equipment, yells at you, telling others different stories about you.

1. How often do you experience psychological bullying at school? (Tick **one** answer)

- Usually (more than once a week)
- Often (once a week)
- Sometimes (once or twice a month)
- Never

2. A place at school where you usually experience psychological bullying (put a tick):

- Class
- Corridor
- Cloakroom
- WC
- Canteen
- Library
- School yard
- Internet

3. From whom do you suffer psychological bullying at school?

- The school students
- The school staff (cleaners, duty staff)
- The teachers

4. The time when you experience psychological bullying at school

- Before classes
- During lessons
- During breaks
- After school

5. Describe a situation when you experienced psychological bullying.

6. How often do you see psychological bullying at school? (Choose **one** answer)

- Usually (more than once a week)
- Often (once a week)
- Sometimes (once or twice a month)
- Never

7. How often do you use psychological bullying? (Choose **one** answer)

- Usually (more than once a week)
- Often (once a week)
- Sometimes (once or twice a month)
- Never

8. Describe a situation when you use psychological bullying.

GROUP B

Physical bullying - when the other person strikes, beats, kicks, stomps, spits on you intentionally.

1. How often do you suffer physical bullying? (Choose **one** answer)

- Usually (more than once a week)
- Often (once a week)
- Sometimes (once or twice a month)
- Never

2. A place where you usually experience physical bullying (put a tick):

- Class
- Corridor
- Cloakroom
- WC
- Canteen
- Library
- School yard

3. Who do you experience physical bullying at school from?

- The school students'
- The school staff (cleaners, duty staff)
- The teachers

4. When do you experience physical bullying at school?

- Before classes
- During lessons
- During breaks
- After school

5. Describe a situation when you experienced physical bullying.

6. How often do you see physical bullying at school? (Choose **one** answer)

- Usually (more than once a week)
- Often (once a week)
- Sometimes (once or twice a month)
- Never

7. How often do you use physical bullying?

- Usually (more than once a week)
- Often (once a week)
- Sometimes (once or twice a month)
- Never

8. Describe a situation when you use physical bullying.

GROUP C

1. Whom do you ask for help when you experience bullying?

- Classmates and friends
- Parents
- Class teacher/teachers
- School staff
- Other people

2. If you do not ask for help – choose the reasons why.

- You were afraid because the bully threatened you
- The bully is a friend of a classmate
- You were ashamed
- You didn't give any importance to it

3. If you see that the other student is bullied, you (choose the most suitable option):

- You join the bullying together with others.
- You simply enjoy watching the other student being bullied
- You believe that if the student is bullied it is his/her fault
- You simply watch the situation, wondering what will happen next.
- You do not like when students are bullied and you want to help but do not know how to
- You disapprove bullying, so you always stand up and try to help a student who is bullied.

Thank you for sincere answers