



**C.D.P. FERNANDO DE LOS RÍOS, RONDA.
ADVENT CALENDAR: THE KINDNESS CHALLENGE
GROUP: _____**

“BE KIND WHENEVER POSSIBLE. IT IS ALWAYS POSSIBLE”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Come into school with a big smile saying good morning to everyone.
2 Slip a nice note into someone`s backpack.	3 Turn off digital devices and really listen to people.	4 Be thankful for all the good things you have in your life.	5 Give “high five” randomly.	6 Make a thank you card for someone special.
7 Find something you have in common with a classmate	8 Believe in yourself!	9 Thank people who do things for you but you may take it for granted.	10 Forgive someone and look for their good points.	11 Say something positive to everyone you meet at school today.
12 Pick up litter in class, corridor or playground.	13 Help someone before they ask.	14 Try out the art of positive gossiping.	15 Do or say something good to bring a smile to someone`s day.	16 Plan what extra acts of kindness you will do in 2018.