

# FACTS ABOUT BULLYING IN SPAIN



# **Guidelines for the Action Protocol Plan in Spanish**

# INTRODUCTION

Fernando de los Ríos School has a tradition of being a friendly school. The main reason being that most of our students starts at the age of 3 and they stay until they are 15. It`s because of this reason that students know each other very well and so do teachers.

We believe that it is the right of every student to be educated in a positive, safe, caring, and respectful learning environment. The school, in partnership with parents, teachers, and students, aims at establishing a friendly environment based on these beliefs where bullying, harassment or intimidation will not be tolerated.

We have a strong policy against any type of bullying and if any sign of a student being bullied appears we start carrying out our anti-bullying policy immediately. This policy is based on the protocol action plan that we state below.

**NO**  
  
**BULLYING**

Spanish children have had rights at school for long, but it was in 2007 that it became mandatory to give publicity to the action protocol that the education centres must follow in case of bullying, mistreatment or discrimination, in order to grant the security and protection as well as the continuity of learning, in the best conditions.

## Characteristics of Bullying to be considered:

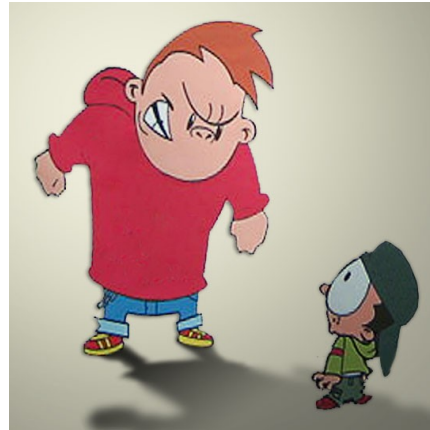
1. Imbalance of power (physical, psychological or social)
2. Intentionality and repetition
3. Lack of defence and personalization (normally the victim is only one)

**STAND UP!**  
**PREVENT BULLYING NOW!**  
**SPEAK OUT!**

## Types of bullying between equals could be one or more of the following:

1. Exclusion or social marginalization
2. Verbal aggression
3. Direct and indirect aggression
4. Intimidation, threaten, blackmail
5. Harassment or sexual abuse

Obviously it will produce consequences for the victim, the aggressor and also for the observant companions (it can lead into a passive and obliging conduct in front of injustices).





If parents only suspect that their child could find himself/herself in this kind of situation, they **MUST** communicate it to the school, with no hesitation at all.



# Some of the signs that usually appears as symptoms of bullying, are:



1. Physical lesions (i.e. the kid comes from the recess with hurts or blows)
- 2 .Broken or lost of kid's belongings
- 3.Frequent changes of humour
- 4.Sadness and symptoms of depression
- 5.Loneliness and no relationships at school



6. Fall of the scholastic yield

7. Fear to go to school

8. Psychosomatic symptoms (vomiting, belly hurting, etc.) before going to school

9. The child does not want to speak about the school.



In the same way, you will have to worry even if you think your child could be a bully, especially if you notice a complete absence of empathy, lack of respect, continuously breaching the norms or if the kid is too aggressive or overbearing.

The protocol outlines a series of simple and effective steps, starting from the identification/communication and denunciation of the case.



The directive team has to meet immediately, by law. If parents communicate his/her child may be a victim of bullying at school, nobody within the school community can state that their suspects are groundless or will try to convince them that they are overreacting in order to protect their child or, even worse, that they or their child are inventing everything. If a situation like this happened, parents can immediately get in contact with the Inspector of the Education Authorities, who will advise parents by phone or come personally to verify the situation.

The school team (headmaster, teacher and a centre advisor - normally a psychologist) will analyse and value the necessary intervention and, if needed, adopt urgent measures to support and protect the victim as well as to censure the aggressor.

After that, a proper investigation will start. The families will be informed, as well as all the competent authorities and will be collected all the necessary information through interviews, observing the kids, talking to the companions etc.





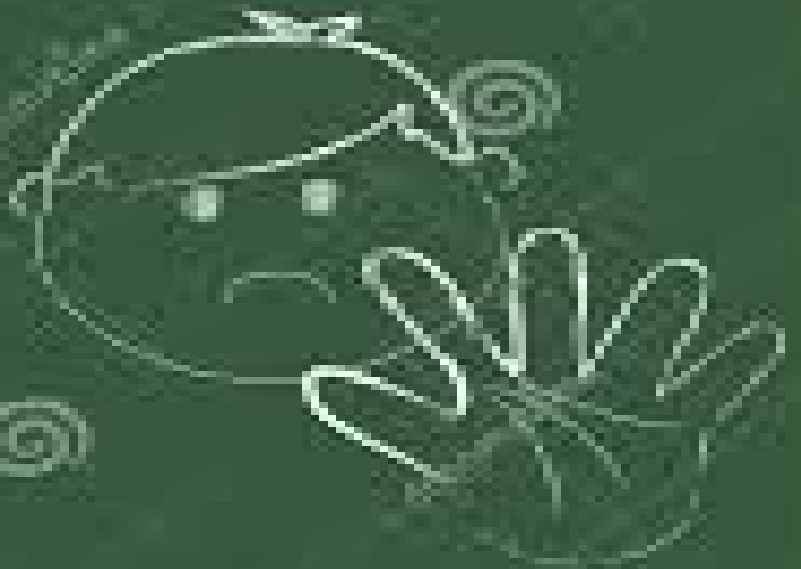
Finally, will be elaborated an action plan, working inside the "triangle of bullying" - victim, aggressor and audience - and helping families and teachers to support the kids and correct the wrong conduct.

It is important to know that it's also your right, if necessary, to ask for and obtain a school transfer.



**DON'T BULLY...  
BE A FRIEND.**

STOP



BULLYING



# 1. Identification, communication and reporting of the situation.

Any member of the school community (students, teachers, families, non-teaching staff) who has knowledge or suspicion a situation of harassment on any student has the obligation to make it known to a teacher, the form teacher, the person responsible for the orientation in the center or the management team and community member. In any case, the receiver of information always inform the principal or, in his absence, the rest of the management team.



## 2. Immediate actions

Following the communication indicating that a student is in a possible situation that might reflect some suspicion or evidence of bullying, the Management Team, will meet the form teacher and responsible for the orientation at the center, to analyze and assess the necessary intervention.



### 3. Emergency measures.

If considered to be necessary, emergency measures will be adopted to protect the student and / or prevent attacks:

- Measures to ensure the immediate safety of the student being harassed, and measures to support and help.
- Precautionary measures against the bully.

## 4. Communication to the family.

The form teacher or counselor under the consent of the Management Team, with due caution and by interview, will inform the families of the students involved, providing information on the situation and the measures that they are taken.



## 5. Communication teachers o the rest of the staff.

The director will report the situation to the teachers who are part of the student`s group and other related staff. If considered to be appropriate it will also be communicated to the rest of the staff and other external sources (social, health authorities, judicial, depending on the initial assessment).





## 6. Collecting information from different sources.

Once taken the necessary emergency measures, the Management team will collect the necessary information concerning the fact from the various sources listed below:

- 1.** Collection of existing documentation on the victim.
- 2.** Systematic observation of these indicators: in common areas of the center, in class, in complementary and after school activities.

**3.** In addition, the management team will ask the counselor, in collaboration with the form teacher to complete the report. This will be done, as appropriate, observing the affected students, contrasting views with other partners, talking to or interviewing the families.



This process should consider the following aspects:

- Ensure the protection of the students.
- Protect their privacy and that of their families.
- Act immediately.
- Create a climate of confidence in the students.
- Collect all kinds of tests and indicators.
- Avoid duplicate interventions and unnecessary delays.

If considered necessary, the report will be completed with other sources:

- Local social workers, education authorities`experts, ...
- Once all the information has been collected and proved, the Management Team will proceed with the implementation of disciplinary measures for the bully or bullies.

## 7. Implementation of disciplinary measures.

Once collected and verified all the information, the principal will proceed to the implementation of disciplinary measures in terms of the provisions in the Coexistence Plan in the school. The measure(s) will always promote a culture of peace and the improvement of coexistence in school.

## 8. Communication to the Commission of Coexistence.

The principal will communicate the report made after the collection of information and the disciplinary measure(s) applied.

## 9. Communication to the Local Education Department.

If it is a situation of real concern, the Management Team will also send the report to the Local Education Department

## 10. Development of an Action Plan.

The Management Team will prepare an Action Plan for each case of bullying. This plan must define the measures to be applied in the center and the measures to be applied in the classroom with the students in conflict, to ensure both the individualized treatment of the bullied student and the aggressor.





## 11. Communication to the Families.

The families of students involved will be informed about the measures adopted with students, individual as well as organizational measures and preventive proposals for the group / s, level and / or school, emphasizing the confidentiality in the treatment of the case.

## *12. Monitoring of the Action Plan by the Local Education Department.*

The inspector or inspector will monitor the Action Plan and the school situation of the students involved.

### 13. Guidance by Local Education Department on Provincial School Coexistence.

If necessary for the development of the measures included in the Action Plan in a case of bullying, the center can get advice from the Advisory Cabinet of the Local Education Department.

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RUMORS  
THREATS

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THREATS

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LEAVING SOMEONE OUT  
HAZING

YOU'VE BEEN BULLIED • YOU'VE WATCHED BULLIES • YOU'RE THE BULLY

LET'S STOP IT NOW



Erasmus+



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